

Workshops

Workshop 1.

Case discussions – Open Ankle Fracture

Room A - Michael Raschke: Team 1: kl. 16.20-17.00
Team 2: kl. 17.05-17.45

Room B - Per Gundtoft: Team 2: kl. 16.20-17.00
Team 1: kl. 17.05-17.45

Workshop 2.

Ex fix or demonstration of ring fixator

16.20-16.40: Case discussions of complex ankle fractures: when to ex fix, what is the role of circular frame?

16.40- 17.45:

Ex fix: Peter-Max Halschou-Jensen, Nikolaj E. Madsen

Circular Frame: Alex Trompeter

Workshop 3.

Case discussions - Geriatric Ankle Fracture Management w/ Bjarke Viberg

Team 1: kl. 11.00-11.40

Team 2: kl. 11.45-12.25

Workshop 4.

Posterolateral tibia plating w/ Michael Raschke & Arvind von Keudell

Fibula nailing
w/ Alex Trompeter & Rasmus Juul

Team 2: kl. 11.00-11.40

Team 1: kl. 11.45-12.25

Firmaer:

Swemac Osmedic, Swemac Imaging, Bonesupport,
Proteseкомпagniet, Arthrex, Mediq



DOT Annual Meeting 2026



Ankle fractures and complications

Hotel Vejlefjord

17th – 18th April 2026

Friday the 17th of April

08.30-09.30: **Arrival, coffee and registration in showroom**

09.30-09.35: **Welcome by Anne Mette Kold Stausholm**

09.35-10.40: **Ankle fracture basics (Moderator: Arvind von Keudell)**

09.35-09.50: Preop planning for ankle fractures - what to look out for/how to position? (Marie Arildsen)

09.50-10.05: When to ex-fix and what does my ex-fix look like vs circular framing (Johannes Heindl)

10.05-10.20: Timing of definitive surgery after temporizing measures - is there any evidence? (Per Gundtoft)

10.20-10.35: Supination fractures - what is the treatment algorithm and when to operate? (Rasmus Jørgensen)

10:35-10:40 Discussion

10.40-11.00: **Coffee in showroom**

11.00-11.30: **Diabetic/Geriatric fractures (Moderator: Arvind von Keudell)**

11.00-11.15: Diabetic ankle fracture - what are the current guidelines? (Paul-Atle Roy)

11.15-11.30: Fixation strategies for geriatric fractures - what are the options/evidence? (Bjarke Viberg)

11.30-12.15: **Syndesmotic injuries/posterior malleolus fractures (Moderator: Arvind von Keudell)**

11.30-11.45: Classifications of syndesmotic injuries and posterior malleolus fractures (Christian Grundtvig Rasmussen)

11.45-12.00: Fixation strategies for posterior malleolus fractures? (Arvind von Keudell)

12.00-12.15: Postoperative treatment/regimen after trimalleolar ankle fracture surgery (Anne Mørup-Petersen)

12.15-13.10: **Lunch**

13.10-13.40: **Battle (Moderator: Peter Toquer):** Posterolateral approach (direct) vs lateral approach (indirect) for trimalleolar ankle fractures, focus on posterior lip fixation (Michael Brix vs Michael Raschke)

13.40-13.45: Discussion

13.45-14.15: **Complications management (Moderator: Peter Toquer)**

13.45-14.00: How to recognize FRI and treat early to still get a good outcome? (Kristoffer Hare)

14.00-14.15: Salvage options for ankle fractures (nailing vs fusion) (Johnny Frøkjær)

14.15-14.30: **Coffee in showroom**

14.30-14.45: Open ankle fracture treatment - which antibiotics, timing, outcomes (Rasmus Juul)

14:45-15:05: Flap coverage options in the distal tibia (Nicco Kretzdorn)

15.05-15:20: Salvaging the unsalvageable: The role of 3D-printed cages in extreme bone loss (Alex Trompeter)

15.20-16.00: **Battle (Moderator: Peter Toquer):** To DAIR or not to DAIR: A red incision after ankle fracture treatment - antibiotics vs aggressive treatment (Ilija Ban vs Alex Trompeter)

16.00-16.20: **Coffee in showroom**

16.20-17.45: **WORKSHOP/CASES (choose between 1 or 2)**

18.45- : Drinks, Dinner & Dance

Saturday the 18th of April

09.00-09.30: **Tips and Techniques (Moderator: Frederik Schwartz)**

09.00-09.15: The odd posteromedial ankle fracture - approach and implant considerations (Rasmus Jørgensen)

09.15-09.30: How to get fibular nailing right? Tips and tricks (Frederik Borup)

09.30-10.00: **Battle (Moderator: Peter Toquer):** Flexible vs rigid fixation of the syndesmosis (Alex Trompeter vs Michael Raschke)

10.00-10.20: **Coffee in showroom**

10.20-10.40: **Keynote: Weightbearing – ankles and beyond w/ Alex Trompeter**

10.40-11.00: **Keynote: How does the AO TK work and the evolution of ankle systems w/ Michael Raschke**

11.00-12.25: **CASES AND WORKSHOP (3+4)**

12.25-12.45: **Evaluation and goodbye + “Grab`n go” lunch**

Checkout time:

Saturday 09.00 AM